

# GOT RISK?

## District *Safety* Gram PEOPLE-MISSION-SAFETY



### *The Super Bowl*

Super Bowl Sunday is the unofficial American holiday for both football fans and casual observers. While the Green Bay Packers and Pittsburgh Steelers prepare for the big game, families across the country will prepare to host or attend game-watching parties. It's important to **party smart** and to **never drink and drive**.

***Here are some game day party tips to help keep you safe this weekend:***

- **Partying is not synonymous with drinking** - but if alcohol is involved, the Governor's Highway Safety Association recommends that party hosts ensure guests have a designated driver. It's also important to serve plenty of food and

non-alcoholic drinks, and to stop serving alcohol at the end of the third quarter. If anyone appears impaired, take the keys and offer them a place to sleep. Never serve alcohol to anyone under 21. A good party host will drink lightly or not at all, so he or she can ensure nothing gets out of hand and no one drives intoxicated.

- **Use a Designated Driver** - Those who are attending Super Bowl parties or watching the game at a bar should designate a driver well in advance of the game. Show your appreciation for the DD by picking up the tab for his or her food and sodas or paying for a tank of gas.
- **Program numbers** to local cab companies or your command's safe ride program into the cell phone, just in case.
- **Pace yourself** - No matter where you watch the game, avoid drinking too much alcohol too fast. Even if you don't drive, overconsumption increases the risk of a mishap. Eat plenty of food and alternate alcohol with non-alcoholic drinks.
- **Never let a friend leave your sight** if you think they are about to drive impaired. It may feel awkward, but being a friend often means making courageous decisions and stepping in to do the right thing.
- **Always buckle up!** Even if you didn't drink or drank responsibly during the game, there may be other drivers who are impaired. A properly fastened seat belt is the best defense against drunk drivers.



***NEVER DRINK AND DRIVE!***  
***THINK: What are you doing to minimize your risk and maximize your fun during Super Bowl XLV?!***

