

GOT RISK?

District *Safety* Gram PEOPLE-MISSION-SAFETY



4th of July

This week, the United States will be celebrating 233 years of independence. During the holiday period, it can be easy to lose track of what is going on. Just because it's a holiday, it doesn't mean that people can take a break from safety. Staying safe is a twenty four hour job. Here are a few tips to help keep safe this 4th of July Weekend.

Staying safe this Holiday:

- **On the water:** Whether it is the beach or the bay, many people choose to spend their 4th of July on the water.
 - Life Vests are an important piece of equipment on a boat, and are necessary by law.
 - Bring someone along when taking to the water. If something were to happen, such as an injury, having a second person is smart and safe insurance.
 - Avoid alcohol when boating; the sun and wind have a tendency to fatigue the body faster, and impair the ability to operate a boat.
- **On the Road:** Many people will be traveling on the road this weekend. Increased traffic on the highway increases the likelihood of an accident. This, combined with the fact that many people think that they are invulnerable while on vacation, makes for a potentially dangerous situation. Historically, the chances of having an accident double during the 4th of July weekend, than on a typical day.
 - Do use a designated driver when necessary.
 - Avoid alcohol before having to drive.
 - Be careful of other drivers who may not be paying attention.
 - Avoid speeding.
- **Fireworks:** For those of you that come to the Waterfield Building to enjoy the Harborfest fireworks, here are a few reminders:
 - Keep a close eye on children, the Waterfield Building is almost surrounded by water and it could be easy for a child to fall in. Spectacular fireworks and the excitement of all the activities can disorientate children.
 - Enforce all water safety rules, including no running or pushing. Keep kids away from the edge of bulkheads.
 - The boat docks are off-limits. Many instances of drowning occur in seemingly safe surroundings.
 - Adults can be nearby, but not actually be watching.
 - Remember; NEVER take your eyes off your children, even older ones. Take turns being the "designated adult" to supervise children near the water.
 - Lighting around the building is limited at night. It would be a good idea to bring a flashlight with you.
 - **REMEMBER: No one is ALLOWED to PLAY WITH or ACTIVATE FIREWORKS at Fort Norfolk!**

No one can declare independence from Safety!

