

SNEEZEWEED

Helenium autumnale

Located in swamps, wet meadows, rich thickets and along shores throughout the Division. Also known as False or Swamp Sunflower, Yellow-Star and Ox-eye.

A branched perennial standing 0.5 to 1.5 m high. The stems are stout and sometimes hairy. The bright green alternate leaves are 5 to 16 cm long and 2 to 5.5 cm wide; oblong or lance-shaped; toothed, attached directly to and forming a wing on the stem. Flower heads are numerous, 2 to 5 cm diameter and located at the end of long stalks. Each flower consists of a yellow, globular, central disk, surrounded by 10 to 18 drooping yellow rays (the tip of each divided into three lobes); blooming from August to November.





Notes: